



## DETERMINING YOUR SIZE

Using a measuring tape, measure your body (not over clothing) & refer to body charts to determine the best size. If you fall between sizes, we recommend ordering the larger size. Women: Utilize your chest measurement to determine the proper size for tops or outerwear; utilize your waist & hip measurements for bottoms

## HOW TO MEASURE:

**Chest:** Measure under arms and around the fullest part of your chest with measuring tape parallel to the floor

**Waist:** Measure around the natural part of your waist (the smallest part of your waist)

**Hip:** Stand with your feet together & measure around the fullest part of your hip with the measuring tape parallel to the floor

**Arm Length:** Slightly bend elbow & measure from center back neck, over top of shoulder & down to wrist

**Inseam:** Measure inside of leg from crotch to ankle or desired length

Alpha (USA/UK/GMY)	X Small		Small		Medium		Large		X Large		XX Large	
Alpha (MX)	X-Chica		Chica		Mediano		Grande		XG		2XG	
<b>Numeric (USA/MX)</b>	0	2	4	6	8	10	12	14	16	18	20	22
<b>Chest</b>	32	33	34	35	36	37	39	40	42	44	46	48
<b>Waist</b>	26	26 1/2	28	28 1/2	30	30 1/2	32	33 1/2	36	38	40	42 1/2
<b>Hip</b>	35	36	37	38	39	40	42	43	45	47	49	51
<b>Arm Length</b>	30	29 3/4	30	30 1/2	31	31 1/4	32	32	33	32 3/4	33	33 1/2